



202 Rock Creek Parkway
Fairhope, AL 36532

Post Pixel Home Care Instructions

Needed Items:

Cerave Hydrating or Foaming Cleanser

Elta Moisturizer OR Eucerin Aquaphor (Elta Moisturizer will be given to you; Aquaphor is available at your pharmacy)

Doxycycline (Prescription antibiotic, we will call into your preferred pharmacy; take as directed)

Valtrex (Prescription, if you have ever had a cold sore or fever blister, we will call this into your pharmacy; take as directed)

Day 1-3: AM & PM Cleanse with Cerave; Reapply Elta Moisturizer or Aquaphor often. Do not allow the skin to feel dry or tight. Do not use washcloth to cleanse face, fingertips only. Drink lots of fluids.

Day 4: AM- Cerave Cleanser. We recommend using the SkinMedica Recovery Complex and SkinMedica Ceramide Cream (this will assist in speeding up recovery time). Light make-up may be applied. PM: Cerave Cleanser; Reapply Elta Moisturizer.

Day 1-10: Avoid hot water on treated area. No exercise. Avoid any sun exposure. Do not pick skin, as scarring can occur.

Possible Symptoms:

- Swelling
- Redness
- Pinpoint Bleeding
- Oozing
- Chills/ Sunburnt feeling
- Itching
- Aching
- Restlessness

For Extreme Itching:

Vinegar Soaks are recommended 3 times daily/ 10 minutes per application-

Mixture: 1 Tablespoon of White Distilled Vinegar to 1 cup of water. Use a clean soaked washcloth every application. Apply to treated area for 10 minutes. Repeat in 2-3 hours.

**Post Pixel Results are not immediate; it may take 3-6 months to notice the improvement. **

You may call our office with any questions or concerns: (251) 928-2310