



202 Rock Creek Parkway
Fairhope, AL 36532
251-928-2310

Post Treatment Care for Accent^{XL}

- Aerobic exercise should be avoided for 24 hours, but then return to normal exercise program.
- Remain very hydrated (64 oz. per day) 3 days before treatment and 3 days after treatment for optimal results.
- Hot baths are not advised for 24 hours (quick showers are recommended).
- Red, splotchy skin immediately following treatment is normal. This should be resolved in 24 hours.
- Cold packs, Aloe Vera or any other preparation may be used to ease a temporary discomfort.
- Multiple treatments are needed. It is important to maintain treatment schedule every 2 weeks.
- Maintaining a healthy, well-balanced diet is important to ensure long-lasting results.

Any questions or concerns please do not hesitate to contact Haley Dermatology Group/ClearMedspa.



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